

## Fresh Fruit\* with Vanilla-Ginger Sauce

*Serves 12*

½ ea	Honey dew melon, peeled, seeded, and sliced thinly
1 whole	Small cantaloupe melon, peeled, seeded, and sliced
¼ each	Small watermelon, sliced thinly
Whole	Strawberries
2 cups	Fat-free vanilla yogurt
1 tsp.	Freshly grated (with a grater), or finely chopped ginger
or	Citrus (lemon or lime) zest (with a zester or a micro-plane)
1 Tbs	Chopped mint

1. Wash fruits
2. Peel, seed, and/or slice fruit where indicated
3. Combine yogurt and ginger or zest in small serving bowl, mix well until smooth
4. Place bowl on center of serving tray and surround with fresh fruit which has been washed, sliced or served whole
5. Keep chilled until ready to serve

\*Other recommended fruits: apple banana, water melon, cantaloupe, honey dew, or Hawaii orange segments, pineapple